

UNLIMITING YOUR BELIEFS

WWW.KARENBROWNAUTHOR.COM



KAREN BROWN
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Karen Brown is an expert on transforming beliefs to achieve goals and dreams. She identified the 7 keys of achievement, through the process of accomplishing her own goal - finishing the toughest race in the world, the IRONMAN World Championship, and overcoming her own limiting beliefs. Karen is CEO of a business psychology coaching company, a best-selling author, keynote speaker and ultra-athlete.

KEYNOTE SPEAKING TOPICS:

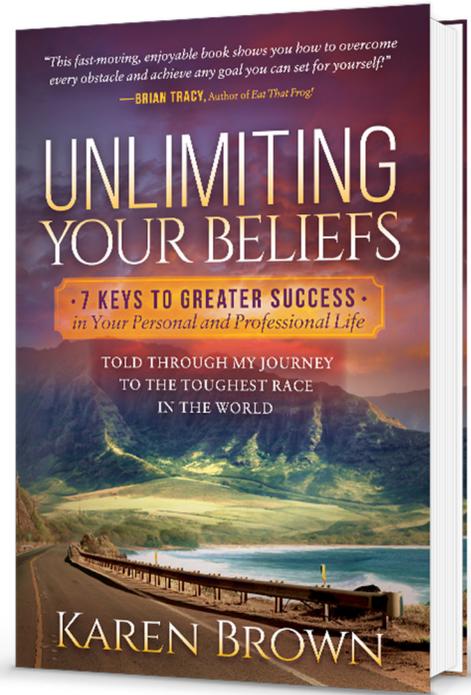
7 Keys to Greater Personal and Professional Success—Told through My Journey to the Toughest Race in the World: the IRONMAN World Championship

Achieve success like an IRONMAN by Removing the Hidden Barriers (It's not what you think!)

Succeed Like an IRONMAN in Your Primary Relationship

Succeed Like an IRONMAN With Your Money

Succeed Like an IRONMAN With Your Health



TESTIMONIALS:

"Karen Brown delivered a commencement address that not only resonated with our students, but with everyone in the audience and on the stage. Staff members are still referring to Karen's message and have expressed how impactful her words were."

Karen's commencement address impacted me profoundly. Her message reiterated that sometimes the biggest obstacle we face is within ourselves.

I highly recommend Karen as a speaker for any event requiring a passionate, on-point speaker. I cannot wait to get a copy of her book!"
— **Denise Aberle-Cannata, National American University**

"My take-a-way from Karen's presentation is that I have been limiting my options based on limiting decisions I made in the past. I now know how to clear them away and take the best option that delivers the outcome I truly want."
— **Steve Neary, President, Copperleaf Homes**

"I realized that the way I visualize something working is not the way it has to. I can change it."
— **Jack Gloriod, Owner, Berkshire Hathaway**

"I learned how to visualize what I truly want, instead of justifying why I can't; through engaging my unconscious mind."
— **Greg Mills, CEO, Aventa Credit Union**

"The way I ask questions is key to the outcome I desire. People have the answers; they are relying on me to ask the questions to open them up."
— **Jerry Schnabel, President at Transit Mix**

"Karen develops world class success with her clients by applying a model of achievement she discovered through her journey to compete in the toughest race in the world – the Ironman World Championships"
— **Brian Tracy, international speaker and best-selling author**

"Karen recently spoke to our CEO Peer Advisory Board about "Removing Hidden Barriers to Your Success." The responses from our board were extremely positive. She's very professional and delivered the training and exercises in a way that helped us identify personal stumbling blocks as well as possibilities. Her approach is no-nonsense, and was very well received."
— **Catherine Wicklund, PCC, Vistage CEO Peer Advisory BOD Chair**

Contact speaking@velocitylc.com or call **303-803-3902** with booking inquiries.